

Thursday March 28

Topics for this Lecture:

- *Simple Harmonic Motion*
 - *Periodic (a.k.a. repetitive) motion*
 - *Pendulum systems*
 - *Resonances & Damping*

- Assignment 10 due Friday
- Pre-class due 15min before class
- Help Room: Here, 6-9pm Wed/Thurs
- **SI Review: Tonight 6:20-8:10 Morton 115**
- **Dr. Piccard Review: Sunday 6-9pm Walter 245**

Mass-Spring system:

$$\omega_{spring} = \sqrt{\frac{k}{m}} \quad T_{spring} = 2\pi \sqrt{\frac{m}{k}} \quad f_{spring} = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

Note: T , f , ω are *independent of amplitude!*

$$x = A \cos(\omega t) \quad x_{\max} = A$$

$$v = -A\omega \sin(\omega t) \quad v_{\max} = A\omega$$

$$a = -A\omega^2 \cos(\omega t) \quad a_{\max} = A\omega^2$$

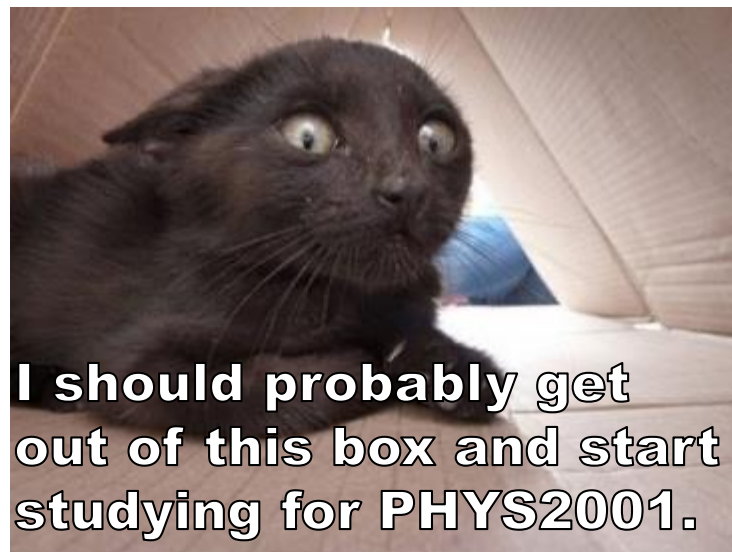
Pendulum system:

$$F \approx -mg \theta$$

$$F \approx -(mg/L)s$$

$$\omega_{pendulum} = \sqrt{\frac{g}{l_{pendulum}}} = \sqrt{\frac{g}{l}}$$

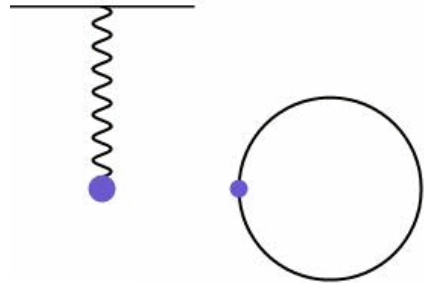
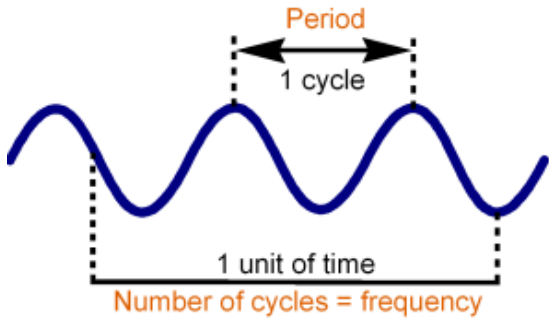
**Midterm 2 is Monday April 1st
7-9pm in Morton 201**



**I should probably get
out of this box and start
studying for PHYS2001.**

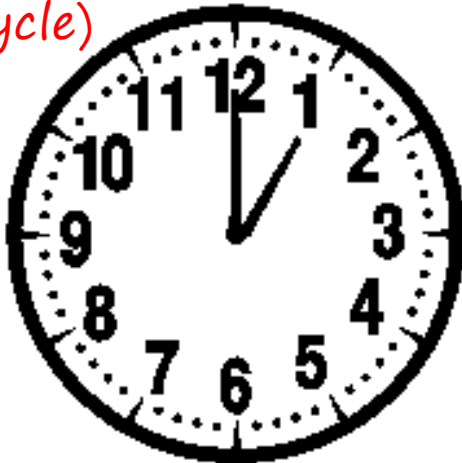
Frequency & Period: Two sides of the same coin

- Frequency, f = cycles per unit time.
 - cycle can be one rotation, or oscillation, or one of whatever it is that is repeating
 - SI units are inverse seconds s^{-1} , also called Hertz: Hz
- Period, T = time for one cycle
 - SI units are seconds: s



$$f = 1/T$$
$$T = 1/f$$

*The second-hand on a clock completes one full circle (cycle) in 60 seconds.
So, $T_{hand} = 60s$.
 $f_{hand} = 1/60s = 0.017Hz$.*





A mass is oscillating up and down on a spring.
It completes 10 complete oscillations in 15 seconds.
What is the frequency of oscillation?

(A) 0.67 Hz

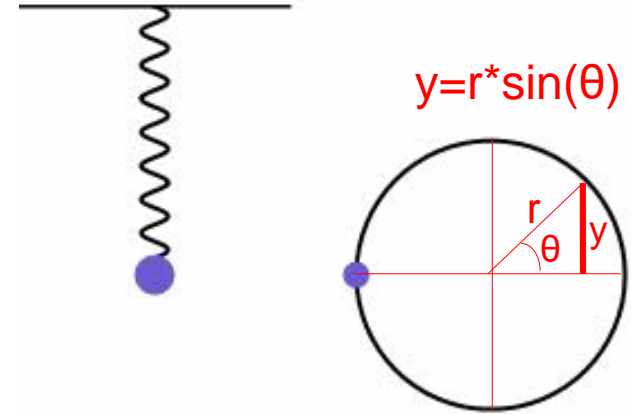
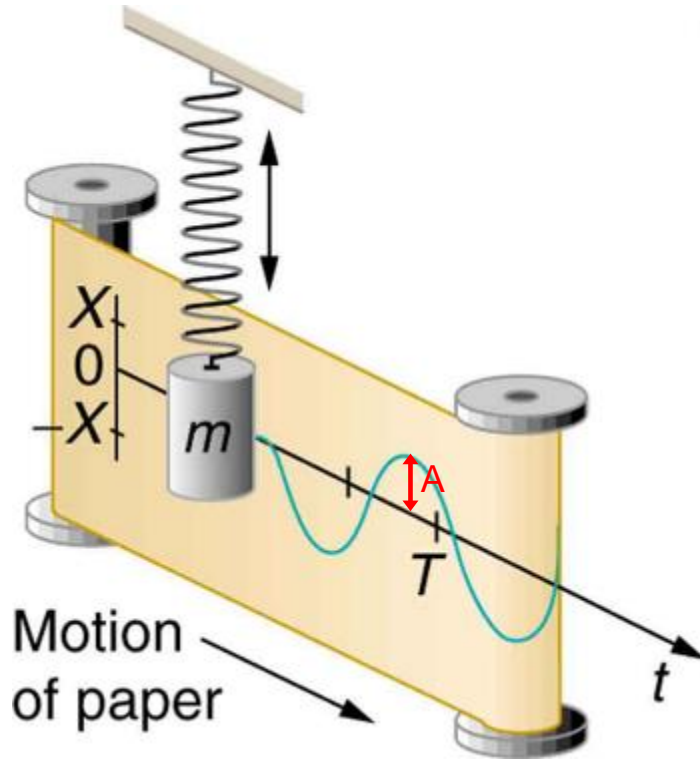
(B) 1.5 Hz

(C) 10 Hz

(D) 15 Hz

1. One oscillation = one cycle.
2. The time for one cycle, the period, T .
3. $T = (\text{time})/(\# \text{ cycles})$
4. Frequency, $f = 1/T$
5. $f = 1/T = 1/(15\text{s}/10) = 10/(15\text{s}) \approx 0.67\text{s}^{-1} = 0.67\text{Hz}$

Oscillations: Displacement vs Time is described by the sinusoid function

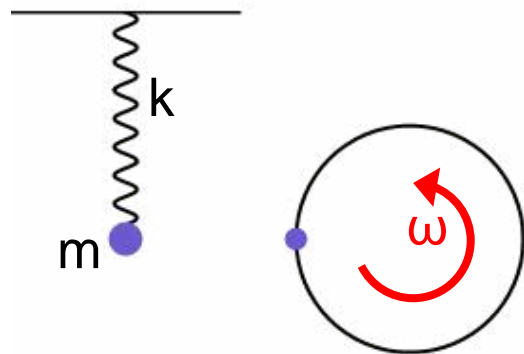


*Note that $y/r = \sin(\theta)$.
So how far an oscillator is through one cycle is independent of the amplitude.
I.e. the oscillation period is independent of the oscillation amplitude.*

The largest displacement during the oscillation is called the **amplitude**.
The book uses "X" for amplitude ... "A" is more common.

Oscillations: Physical properties

- How does an oscillator's properties depend on the system that is oscillating?
- Quantities of interest are:
 - How many cycles are completed per second?
 - Frequency: f [unit: Hz]
 - If we map the oscillation into cycles on a circle, how many radians do we trace per second?
 - Angular frequency: $\omega = 2\pi \cdot f$ [unit: rad/s]
 - How long does it take to complete one cycle,
 - Period: T [unit: s]



- With calculus & patience, it can be shown that, for an oscillating spring with spring constant k and attached weight of mass m :

$$\bullet \omega_{spring} = \sqrt{\frac{k_{spring}}{m_{weight}}} = \sqrt{\frac{k}{m}} \quad \bullet f_{spring} = \frac{1}{2\pi} \sqrt{\frac{k}{m}} \quad \bullet T_{spring} = 2\pi \sqrt{\frac{m}{k}}$$

**Since $f = 1/T = \omega/2\pi$...you really only need to remember one of the above formulas.*

**Note: Frequency, angular frequency, and period are independent of amplitude!*

A mass is hung from a spring and set into oscillation.

It oscillates with a given frequency f_1 .

Now a second identical spring is also attached to the mass (same k , same length).

How does the new frequency, f_2 , compare to the old frequency, f_1 ?

A. $f_2 = 2*f_1$

B. $f_2 = \text{sqrt}(2)*f_1$

C. $f_2 = f_1$

D. $f_2 = (1/\text{sqrt}(2))*f_1$

E. $f_2 = (1/2)f_1$

A larger spring constant will give a stiffer ride. This is great for handling/responsiveness ...but bad for comfort. So, larger k is good for race cars, but smaller k is good for sedans.

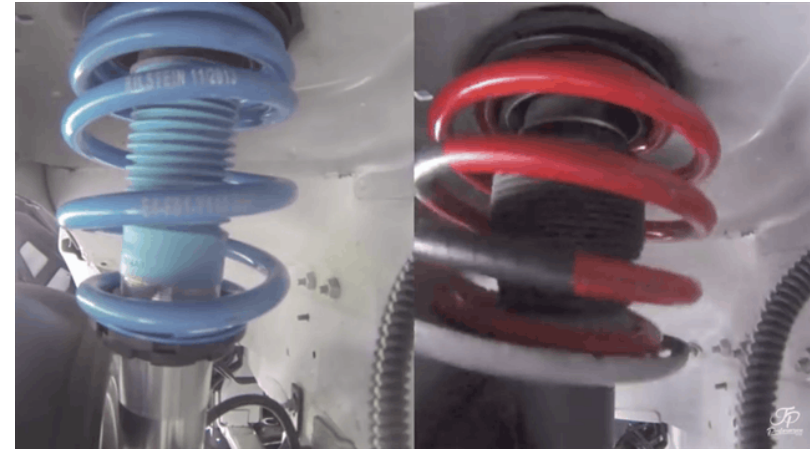
1. The second spring doubles the spring force, effectively doubling the spring constant.

2. $k_2 = 2*k_1$

3. The new spring is stiffer & so will have a greater oscillation frequency.

4. $f_1 = \frac{1}{2\pi} \sqrt{\frac{k_1}{m}}$

5. $f_2 = \frac{1}{2\pi} \sqrt{\frac{k_2}{m}} = \frac{1}{2\pi} \sqrt{\frac{2k_1}{m}} = \sqrt{2}f_1$

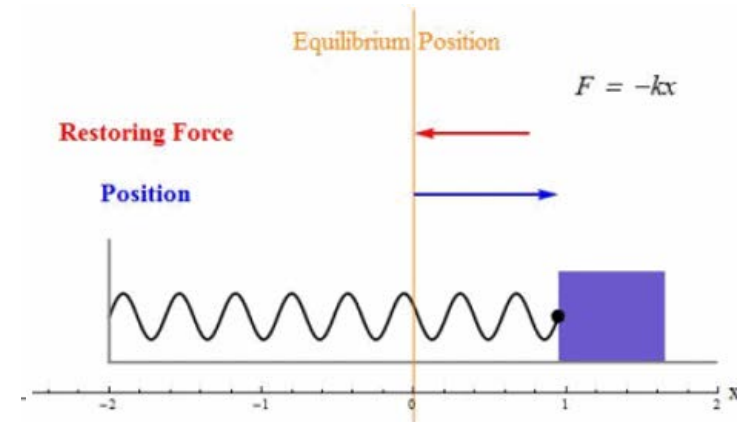
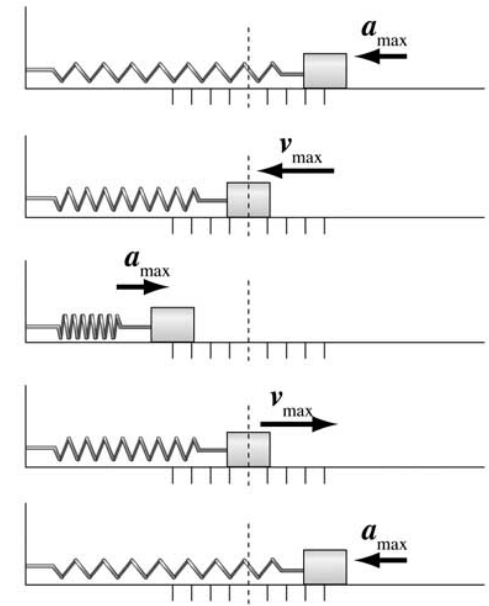


OPTIMUM

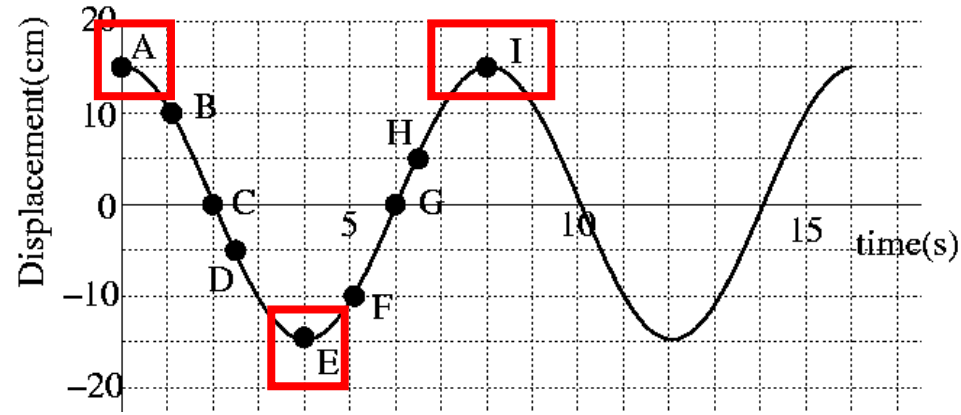
- 0.5 - 1.5 Hz for passenger cars
- 1.5 - 2.0 Hz for sedan racecars and moderate downforce formula cars
- 3.0 - 5.0+ Hz for high downforce racecars

Mass & Spring system: Velocity & Acceleration

- $F_{\text{spring}} = -k \cdot x$
- Therefore, force is greatest at place where the displacement is the largest (the amplitude)
- Since, $F = m \cdot a$, $ma = -k \cdot x$,
 - $a = -k \cdot x / m$
 - **acceleration is greatest at the amplitude & velocity is zero at the amplitude**
- The mass accelerates from zero velocity at one amplitude (the extreme point in its motion) to a **maximum velocity at zero displacement** and then experiences large negative acceleration approaching the other extreme.
 - At zero displacement, $x = 0$, so $F = k \cdot x = m \cdot a = 0$.
i.e. **acceleration is zero at zero displacement**



This graph represents the displacement of a mass in a mass-spring system. At which point(s) is the magnitude of the force at a maximum?

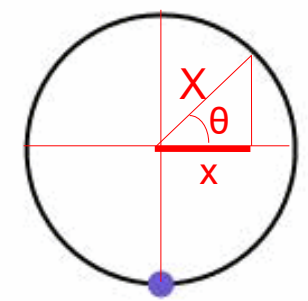
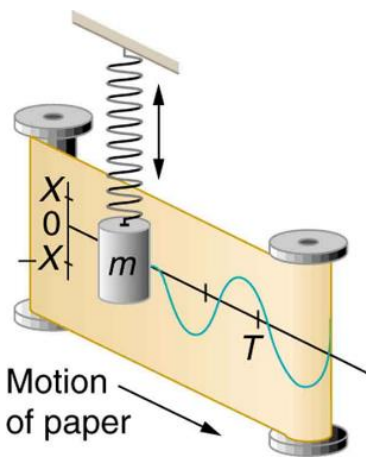


- (A) A
- (B) C
- (C) E
- (D) G
- (E) I
- (F) A and I
- (G) A, E, and I**
- (H) C and G
- (I) A, C, G, and I

1. $F_{\text{spring}} = -k \cdot x$
2. The maximum force is at the maximum displacement (the amplitude).
3. This is at points A, E, & I.

Oscillation Temporal Properties: Analogy to circular motion

- If we start a spring at the position $x = X$, where X is the positive amplitude, at time $t=0$
- Then the spring position vs time oscillates at a rate of the angular frequency, $\omega = 2\pi * f$

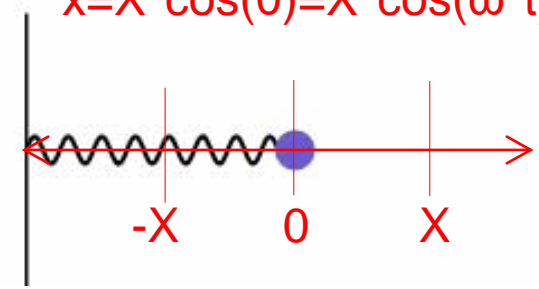
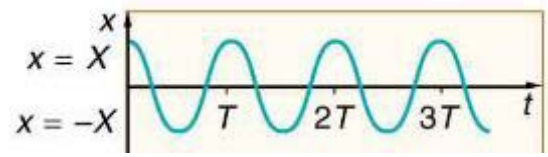


$$x = X * \cos(\theta) = X * \cos(\omega * t)$$

- $x(t) = X * \cos(\omega * t)$

- a.k.a.

$$x(t) = A * \cos(\omega * t)$$



- Recall that velocity $v = \Delta x / \Delta t$ and acceleration $a = \Delta v / \Delta t = (\Delta(\Delta x)) / (\Delta(\Delta t))$.
- In calculus, these are the 1st and 2nd derivatives of position in time, respectively.
- The 1st derivative of $\cos(\omega * t)$ is $-\omega * \sin(\omega * t)$ and the 2nd derivative is $-\omega^2 * \cos(\omega * t)$.
- So, the velocity and acceleration of an oscillator are described by:

$$v(t) = -\omega * A * \sin(\omega * t)$$

$$a(t) = -\omega^2 * A * \cos(\omega * t)$$

Formula summary for mass-spring system:

$$\omega_{spring} = \sqrt{\frac{k}{m}}$$

angular frequency = $\omega = 2\pi f$ [SI units: rad/s]

frequency = $f = 1/T$ [SI units: Hz]

period = $T =$ time per oscillation cycle [SI units: s]

$$f_{spring} = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

$$T_{spring} = 2\pi \sqrt{\frac{m}{k}}$$

T, f, ω are independent of oscillation amplitude!

$$x = A \cos(\omega t)$$

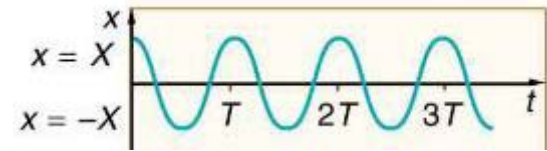
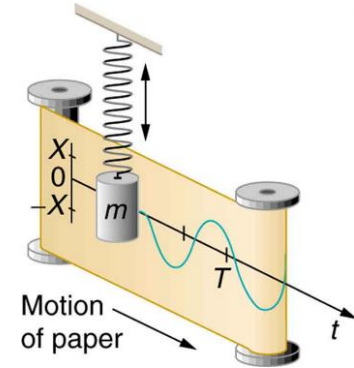
$$x_{\max} = A$$

$$v = -A\omega \sin(\omega t)$$

$$v_{\max} = A\omega$$

$$a = -A\omega^2 \cos(\omega t)$$

$$a_{\max} = A\omega^2$$



**Sine and cosine can only take on values between -1 and 1.*

Which of the following situations will have the greatest **maximum force**?

- A. A mass M is attached to a spring with a spring constant k , pulled back a distance d and released.
- B. A mass $2M$ is attached to a spring with a spring constant $(1/2)k$, pulled back a distance $2d$ and released.
- C. A mass $(1/2)M$ is attached to a spring with a spring constant $2k$, pulled back a distance $(1/2)d$ and released.
- D. A, B, & C**

1. $F_{\text{spring}} = -k \cdot x$

2. The maximum force will be at the amplitude, $x = A$.

3. $F_{\text{max}} = k_{\text{spring}} \cdot A$

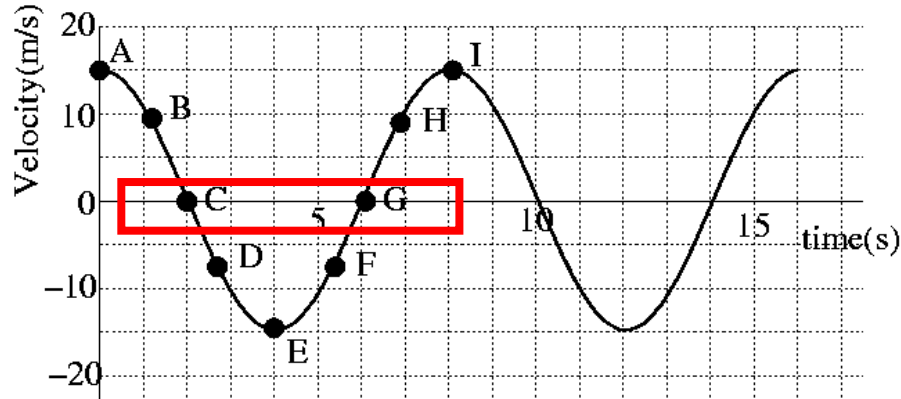
4. For A: $F_{\text{max,A}} = k \cdot d$

5. For B: $F_{\text{max,B}} = (1/2)k \cdot (2d) = k \cdot d$

6. For C: $F_{\text{max,C}} = (2k) \cdot (1/2)d = k \cdot d$

7. $F_{\text{max,A}} = F_{\text{max,B}} = F_{\text{max,C}}$

The graph represents **velocity** of a mass in a mass-spring system.
At what point(s) is the magnitude of the force at a maximum?



- | | |
|-------|--------------------|
| (A) A | (F) A and I |
| (B) C | (G) A, E, and I |
| (C) E | (H) C and G |
| (E) G | (I) A, C, G, and I |

- $F_{\text{spring}} = -k \cdot x$
- The force is maximum for largest displacement, $x = x_{\text{max}} = A$
- At the amplitude, the mass is turning around and so is stopped for an instant.
- Therefore, velocity is zero at the amplitude.
- C and G correspond to zero velocity, therefore the amplitude, where the force is maximum.

A mass attached to a spring is sliding back and forth on a horizontal frictionless table.

The kinetic energy is a maximum:

1. At maximum compression
2. At maximum extension
3. At equilibrium
4. At both extremes (compression & extension)

1. $KE = (1/2)mv^2$
2. Maximum v will lead to maximum KE.
3. v is maximum at equilibrium

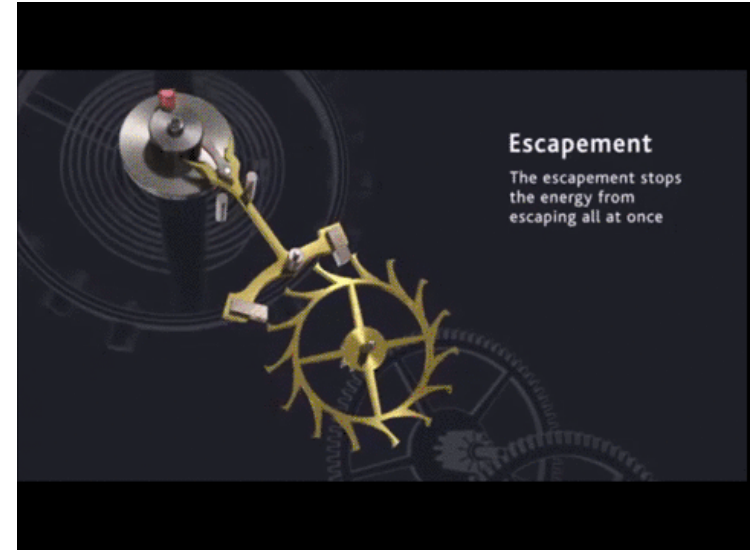
Mass-spring system: Energy

- Energy can be stored in a spring and released later as kinetic energy
- After some calculus (derivative of the force):

$$PE = \frac{1}{2}kx^2$$

- Work done by a spring: $W = \Delta PE$
 - stretching or compressing will do negative or positive work
- Since no non-conserving forces are present, Total Energy (KE + PE) is constant
 - We can use this to find velocity at a given displacement: $v(x)$

Spring-powered watch mechanism



Mass-spring system: Energy

- When there are rotating bits (e.g. pendulum), the total energy is: $E_{\text{tot}} = PE_{\text{height}} + PE_{\text{spring}} + KE_{\text{trans}} + KE_{\text{rot}}$

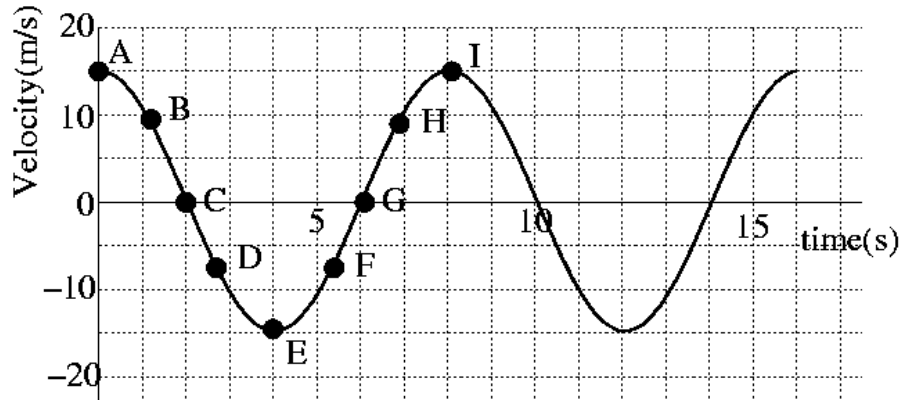
- $E = mgh + \frac{1}{2}kx^2 + \frac{1}{2}mv^2 + \frac{1}{2}I\omega^2$

- For a horizontal mass & spring, life is simpler:
 - No changes in height, so can ignore PE_{height}
 - No rotating pieces, so can ignore rotational energy
 - $E_{\text{horiz-spring}} = \frac{1}{2}kx^2 + \frac{1}{2}mv^2$
 - This gives us a way to relate velocity & position!
 - For $x = A$, total energy is: $\frac{1}{2}kA^2$, since velocity is zero. This is conserved.
 - So, $\frac{1}{2}kA^2 = \frac{1}{2}kx^2 + \frac{1}{2}mv^2$ **For the horizontal mass-spring system*

- ...after some algebra:

$$v = \pm \sqrt{\frac{k}{m}(A^2 - x^2)}$$

The graph represents **velocity** of a mass in a mass-spring system.
 At what point(s) is the magnitude of the **Potential Energy** at a maximum?

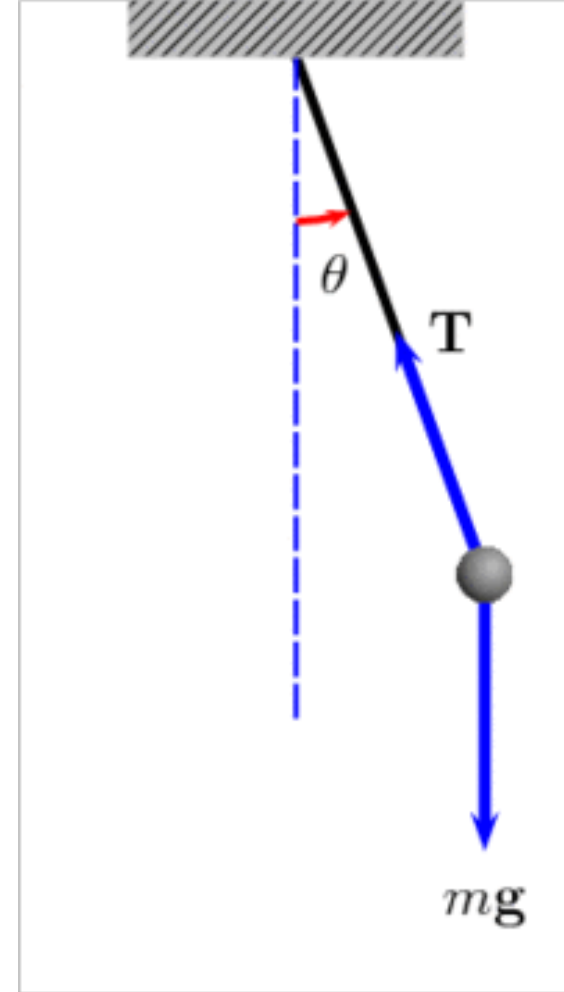


- | | |
|-------|--------------------|
| (A) A | (F) A and I |
| (B) C | (G) A, E, and I |
| (C) E | (H) C and G |
| (E) G | (I) A, C, G, and I |

1. $E = PE + KE = (1/2)kx^2 + (1/2)mv^2$
2. Energy will be conserved throughout motion, so KE will be converted to PE and back.
3. Minimum KE means maximum PE.
4. When $v=0$ (at the amplitude), $KE = 0$
5. $v=0$ at C and G, so PE is maximized there.

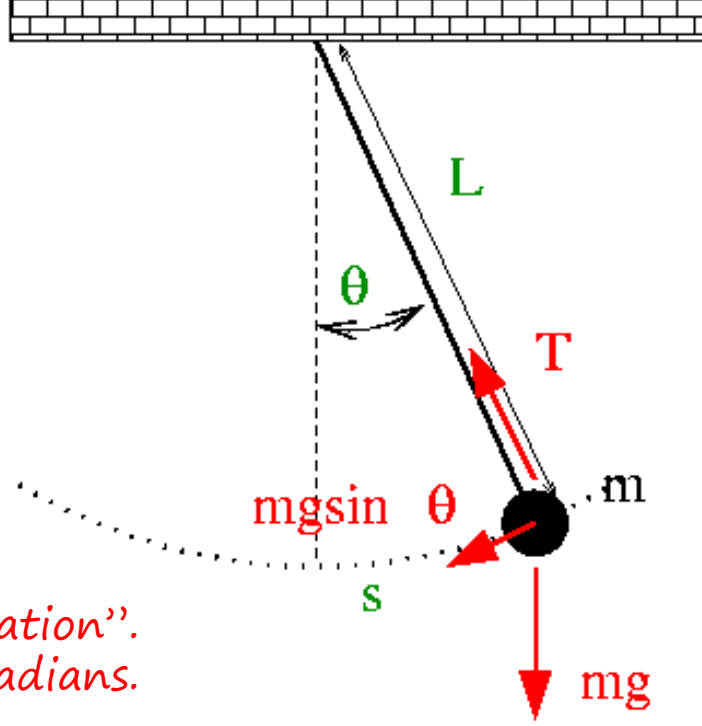
Pendulum

- Pendulum: a periodic swinging thing
 - physical pendulum: arm with weight on the end
 - “simple pendulum”: most mass concentrated at one point
 - we’ll mostly stick to this, because it’s simpler since you can ignore the moment of inertia of the pendulum arm
- Like the mass on the spring, the pendulum oscillates.
- *For small angles*, the pendulum undergoes simple harmonic motion, analogous to the mass & spring
 - We’ll work with small angle cases
 - “Small” means $\sim < 0.244$ radians, which is $\sim < 14^\circ$
 - (Justification comes from when $\sin(\theta) \sim \theta$)



Pendulum: Forces

- The pendulum weight experiences a downward force from gravity and an upward tension from the pendulum cable.
- The net force experienced in the swinging direction is:
 - $F_{net} = -mg \cdot \sin(\theta)$
 - For $\theta < 0.244$ radians (~14 degrees), $\sin(\theta) \approx \theta$, so *This is the "small angle approximation". It only works when using radians.*
 $F_{net} \approx -mg \cdot \theta$
 - Since $\theta = (\text{arc length}) / \text{radius} = s / r$, and r is the pendulum length L ,
 $F \approx -(mg/L)s$
- Recalling that for a spring, $F = -kx$, it is apparent that pendulums for small swinging-angles undergo simple harmonic motion!

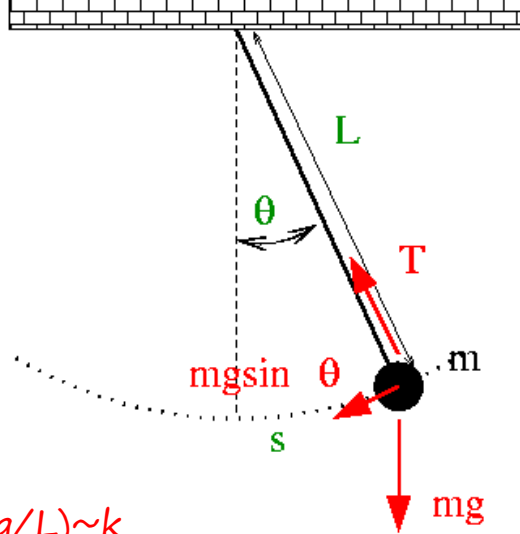


Pendulum-Spring Comparison

Quantity	Mass-Spring	Pendulum
Stiffness	k	mg/L
inertia	m	m
ω	$\sqrt{k/m}$	$\sqrt{g/L}$

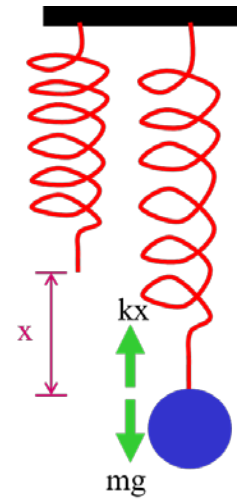
Note: $\omega = 2\pi f$ and $f = 1/T$

from the fact that $(mg/L) \sim k$



The pendulum period only depends on the pendulum length & the local gravity!

$$\omega_{pendulum} = \sqrt{g/L}$$





Two identical pendulum clocks are set in motion, one on the Earth and one on the Moon. The acceleration due to gravity on the Moon is 1.67 m/s^2 (1/6 that of Earth).

Which of the following statements is true?

- A. The clock on the Moon runs faster than the clock on Earth
- B. The clock on the Moon runs the same speed as the clock on Earth
- C. The clock on the Moon runs slower than the clock on Earth

1. $\omega = \sqrt{g/L}$

2. On the moon, “g” is smaller, so ω will be smaller.

3. $T = 2\pi/\omega$

4. So, smaller ω means larger T , i.e. a longer period.

5. The clock will take longer for one “tick” on the Moon & therefore runs slower.

Two identical pendulum clocks are set in motion, one on the Earth and one on the Moon. The acceleration due to gravity on the Moon is 1.67 m/s^2 ($1/6$ that of Earth).

How much do we have to shorten the Moon clock pendulum to get it to tick at the same rate as the Earth clock?

A. $1/6$

B. $1/\sqrt{6}$

C. 0.6

D. $6/(2\pi)$

1. $\omega = \sqrt{g/L}$

2. $g_{\text{Moon}} = (1/6)g_{\text{Earth}}$,

3. So, need $L_{\text{Moon}} = (1/6)L_{\text{Earth}}$

4. $\omega = \sqrt{(\frac{1}{6}g)/(\frac{1}{6}L)} = \sqrt{g/L}$

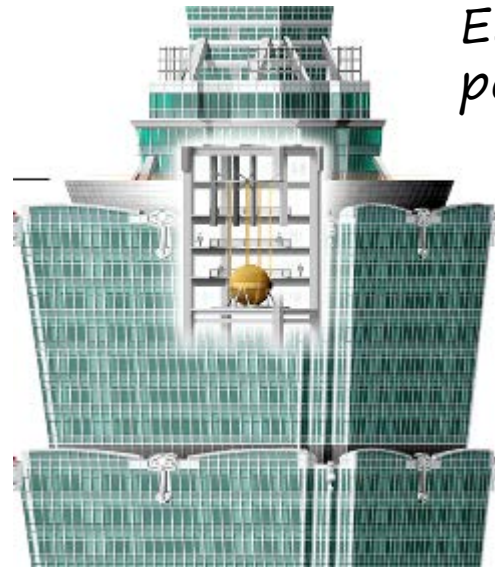
Resonances

- Most oscillatory systems have a frequency at which they easily oscillate.
- This is referred to as the “natural” or “resonant” frequency.
- If a force is applied periodically, matching the resonant frequency, the system will be driven “on the resonance” and energy will build-up.
- This can be good (musical instruments) or bad (Tacoma Narrows bridge)

*Example:
Kid being pushed on a swing*



Object designs often try to counteract motion at the resonant frequency



E.g. the 728-ton pendulum in Taipei 101



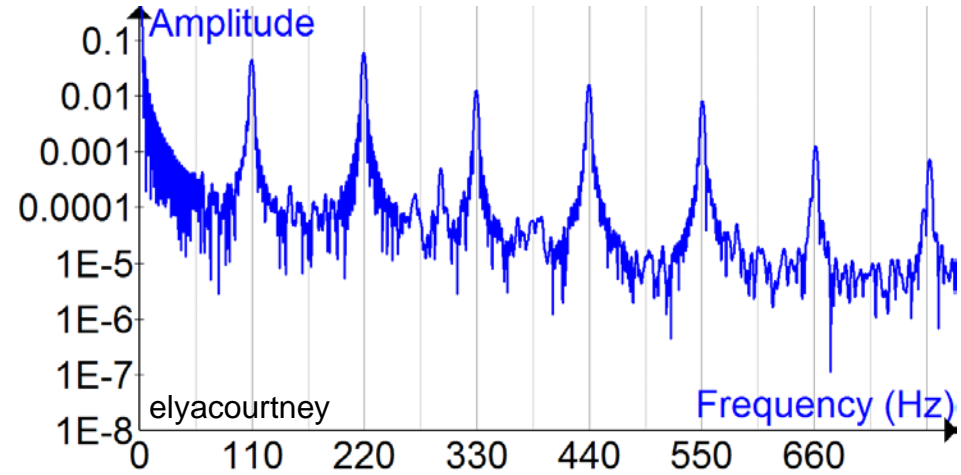
Resonances

Shattering a glass with a high-pitched noise



<https://www.youtube.com/watch?v=L2VoR1lorqQ>

Notes for a base guitar



A car rests on springs and has a certain resonant frequency.

If a driver picks up passengers, how will the resonant frequency be affected?

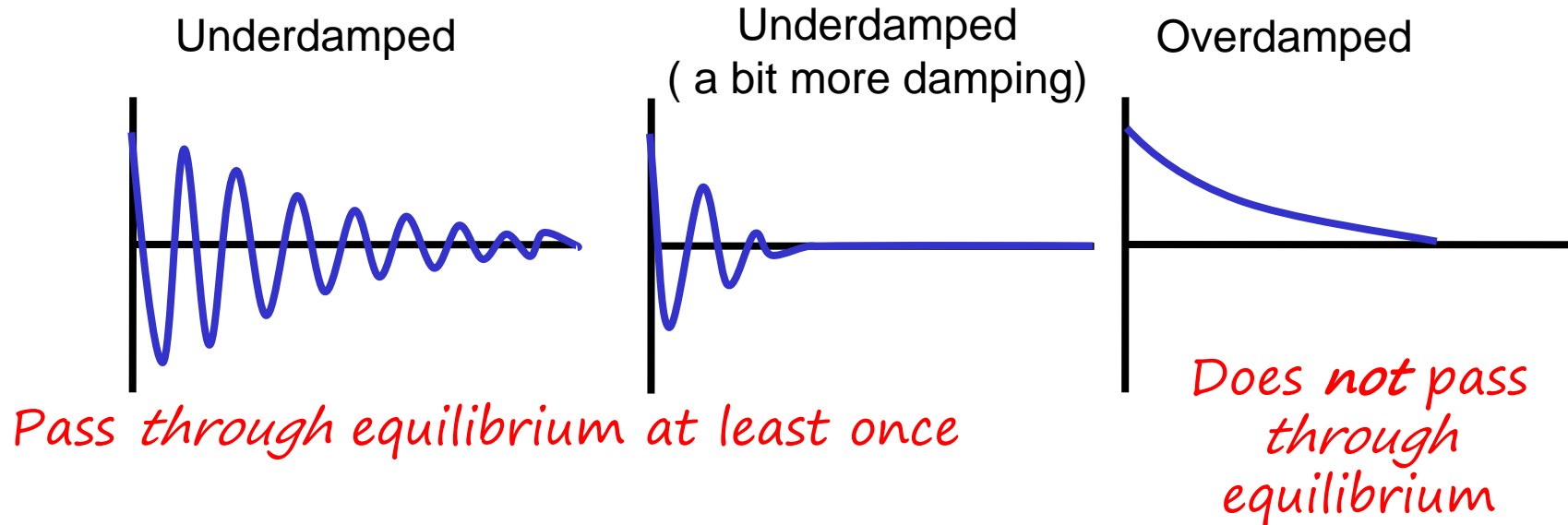
- A. Increase with passengers in the car.
- B. Stay the same.
- C. Decrease with passengers in the car.

1. $\omega = \sqrt{k/m}$

2. Increasing m , means decreasing ω

Damped Motion

“Damping” is removing energy from a system (e.g. via friction, air resistance,...), removing energy from a system & therefore decreasing the oscillation amplitude.



“Critically damped”:

The least amount of damping where, when applied, a system will not oscillate. This will return the system to equilibrium as quickly as possible.