An introduction to Stellar Nuclear Power

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The atomic nucleus

- A collection of protons and neutrons, weighing ~10⁻²⁷ kg and roughly 10⁻¹⁵ m in size
- Nuclei come in lots of different combinations of protons and neutrons, where each combination is called an "isotope"
- Each isotope can have several different configurations, known as states, each one corresponding to a certain amount of binding energy
 - the "ground state"
 - and "excited states"



Nuclear binding energy

- Nuclei exist because of binding energy: the mass of the nucleus is less than the sum of the mass of the nucleons in the nucleus (the "mass defect")
- This is mass-energy equivalence in action: $E = mc^2$
- Looking at the ground state energies, there are trends in nuclear binding across the nuclear landscape
- Converting from one or more isotopes to another one or more isotopes can release the excess binding energy
 - Fusion = light-to-heavy nuclei
 - Fission = heavy-to-light





Fusion vs Fission

Fusion



Fission



Hill & Wheeler, Phys. Rev. 1953

Fusion in stars

- The high temperatures in stars gives nuclei the kinetic energy needed to overcome the Coulomb repulsion between charged particles
- The reaction rate at the energies of interest are rather small
 - Good! Stars live a long time
 - Bad! Hard to measure



Fusion in the sun



percentages are for solar temperature





Adelberger+ Rev. Mod. Phys. 2011

Fusion in the sun: direct evidence from neutrinos



